

## DRAFT Week 7 – 30 November 2019

	U6	U7	U8	U9	U10	U11	U12 (Boys)	U13-17 (Plus U12 Girls)
<b>Event 1</b>	4 x 50m Shuttle Relay			4 x 100m circular relay				
<b>Event 2</b>	Vortex	Discus 1&2	60m Hurdles	60m Hurdles	Shot Put1&2	Triple Jump	Long Jump3	Shot Put3
<b>Event 3</b>	100m	50m	Discus1&2	Long Jump 1&2	60m Hurdles	Shot Put 1 or 2	Shot Put 3	200m
<b>Event 4</b>		Vortex	100m	Discus 1&2	400m	80m Hurdles	80m Hurdles	High Jump 2
<b>Event 5</b>			Shot Put 1&2	100m	High Jump1	200m	200m	80-100m Hurdles

Event	Location	Event	Location
Long Jump1	Nearest Shed RHS	Discus1	Far corner under tree
Long Jump2	Nearest Shed LHS	Discus2	Discus cage
Long Jump3	Carpark side	Discus3	Near back of model car race track
High Jump1	Near model car race track	Shot Put1	Carpark side – LH ring, closest to the shed
High Jump2	Inside Circular Track	Shot Put2	Carpark side – middle ring
Triple Jump	Carpark side far corner	Shot Put3	Carpark side – RH ring, furthest from shed
Turbo Jav	Inside Circular track	Javelin	Far side near Discus cage