21/02/2009

Tuggeranong Litte Athletics Association - Weekly Results for Season 2008/2009

Achievement Key: Level 1 | Level 2 | Level 3 | Level 4 | Level 5 | Record

21/02/2009

Under 6 Boys

	50 Metres	70 Metres	100 Metres	200 Metres	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Shot Put (1kg)	Discus (350g)	Turbo Jav
Cody Donlan		14.13	21.37					1.79			
Cooper Keily		19.80	29.33					1.60			
Oliver McLauchlan		17.18	27.04					1.29			
Jake O'Brien		14.85	22.12					1.99			
Kane Rushton		14.24	20.65					2.13			
Jotham Russell		14.76	21.50					2.45			
Bradley Terry		15.63	23.61					1.73			
DJ Walker		16.28	23.71					1.09			

Under 6 Girls

	50 Metres	70 Metres	100 Metres	200 Metres	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Shot Put (1kg)	Discus (350g)	Turbo Jav
Victoria Jones		20.31	28.05					1.50			

Under 7 Boys

	50 Metres	70 Metres	100 Metres	200 Metres	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Shot Put (1kg)	Discus (350g)	Turbo Jav
Luke Hampton	13.80		29.70	1:02.16				1.58			4.03
Liam Keys	13.61		27.93	59.61				1.16		5.58	3.55
Lachlan King	10.83		22.18	49.19				2.09		10.34	7.18
Jaydon O'Donoghue	12.38		25.14	59.07				1.61		7.83	6.26
Samuel Patton	11.96		23.80	52.67				2.17			7.75
Benjamin Stewart	12.74		25.78					1.80			3.50

Under 7 Girls

	50 Metres	70 Metres	100 Metres	200 Metres	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Shot Put (1kg)	Discus (350g)	Turbo Jav
Renae Coffey	10.51		19.98	43.31				2.29		8.53	6.21
Keeley Gillespie	10.00	14.20	19.79	42.34				1.97		6.00	5.22
Melinda McClung	10.04		20.63	46.35				2.43		7.67	7.87
Lara McDonald	10.92		21.41					2.01		6.51	4.74
Sophie O'Donnell	13.02		22.01					1.84		4.04	3.46
Kayla Terry	11.12		21.75					1.91		5.00	
Isla Ward	14.20		25.50					1.71		5.39	5.45

Under 8 Boys

	50 Metres	70 Metres	100 Metres	200 Metres	60M Hurdles	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	High Jump 0.75	High Jump 0.85	High Jump 0.90	High Jump Best	Shot Put (1.5kg)	Discus (500g)	Turbo Jav
Alexander Brinsmead		13.99		41.41	15.56						O		0.85		13.58	11.60
Lachlan Crawford		14.56		49.64	14.81					O			0.75			8.23
Thomas Hoogendoorn		12.63		41.09	12.69						O		0.85		11.01	10.27
Martin Widdowson		13.81		44.95	14.97							O	0.90		10.51	10.26

Under 8 Girls

	50 Metres	70 Metres	100 Metres	200 Metres	60M Hurdles	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	High Jump 0.65	High Jump 0.75	High Jump 0.85	High Jump Best	Shot Put (1.5kg)	Discus (500g)	Turbo Jav
Lacey Barsley		14.62		44.97	16.43						O		0.75		10.85	8.40
Emma Burne		14.27		43.95	14.74						O		0.75		7.59	6.92
Cailin McCloud		12.90		41.25	14.08							O	0.85		8.04	8.80
Jessica McClung		14.45		48.11	14.31							O	0.85		9.13	6.70
J'aime McGuire		13.24		41.87	14.13							O	0.85		7.29	6.70
Jennifer Rosser		17.14		1:00.28	24.31					O			0.65			7.40

Under 9 Girls

	70 Metres	100 Metres	200 Metres	400 Metres	800 Metres	60M Hurdles	700M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	High Jump 0.70	High Jump 0.80	High Jump 0.85	High Jump 1.00	High Jump Best	Shot Put (2kg)	Discus (500g)	Turbo Jav
Monique Henderson				2:12.81		17.10						O				0.70	4.45	7.80	
Amy Jones				1:58.86		15.05	5:14.07							O		0.85	3.78	7.43	
Jasmine King				1:34.44		13.96	5:50.44						O			0.80	3.48	8.70	
Amy Koot				1:55.90		15.07	6:00.75					O				0.70	3.32	7.47	
Hayley Mason				1:52.93		13.70	4:53.37								O	1.00	4.75	13.00	
Olivia O'Donnell				1:46.20		13.53	5:11.20						O			0.80	3.60	5.95	
Phoebe Scott				1:43.60		13.37	5:59.30							O		0.85	3.55	8.23	
Gabrielle Waller				1:46.92		16.25	5:43.38										2.40	5.03	
Maya Ward				1:47.70		14.75	5:51.22						O			0.80	3.85	8.83	
Katya Zygadlo				1:40.50		15.67	5:35.01						O			0.80	3.00	7.70	

Under 10 Boys

	70 Metres	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1100M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	High Jump 1.00	High Jump 1.10	High Jump Best	Shot Put (2kg)	Discus (500g)	Turbo Jav
Stuart Phair					3:11.20		13.32	7:46.81								6.21		O	1.10		17.02	
Tynan Russell					4:32.36		15.63	9:03.25								4.72	O		1.00		13.91	

Under 10 Girls

	70 Metres	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1100M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	High Jump 0.75	High Jump 0.80	High Jump 0.90	High Jump 0.95	High Jump 1.00	High Jump Best	Shot Put (2kg)	Discus (500g)	Turbo Jav
Kelsey Barsley							15.88	9:53.70								4.46	O					0.75		12.29	
Stacey Crawford					3:46.16		15.66	9:55.42								4.26			O			0.90		7.60	
Kristin Ferguson					3:39.75		14.81	7:45.18								4.45			O			0.90		9.86	
Jessi-Lea Fruend					4:36.27		15.04	10:32.90								5.27		O				0.80		9.28	
Phoebe Hayward					4:35.83		14.70	10:11.08								5.92			O			0.90		10.28	
Ngioka Kamira Sams					3:48.42		17.33	9:13.24								4.50					O	1.00		8.65	
Kaela McGuire					4:12.86		13.43	9:05.53								4.89				O		0.95		11.65	

Under 11 Boys

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1100M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (2kg)	Discus (750g)	Javelin (400g)
Justice Henderson	20.07			5:06.88		15.63									3.60	5.50		
Joshua Waller	18.17			4:02.63		14.77									5.30	5.83		

Under 11 Girls

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1100M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (2kg)	Discus (750g)	Javelin (400g)
Bridget Brinsmead	22.12			5:56.58		18.59									5.27	5.01		
Hana Ward				5:58.08											3.76	5.16		
Karen Widdowson	18.00			5:02.96		14.66									4.84	4.22		

Under 12 Boys

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (3kg)	Discus (750g)	Javelin (400g)
Blair Henderson	16.01			4:26.56		13.48	13:32.00								4.16	4.38		
Trai Henderson	18.47			5:13.29		15.42	13:33.00								5.62	6.43		

Under 12 Girls

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	60M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (2kg)	Discus (750g)	Javelin (400g)
Laura Barklimore	17.63			4:44.52		13.56	12:47.00								6.10	7.22		
Breanna Briggs	18.37			3:13.90		15.06	12:03.00								5.77	5.14		
Susannah Mason	18.72			4:02.63		15.06	11:59.00								5.74	4.79		
Joanna McMullan	18.05					15.96	11:22.30								5.04	4.80		
Alison Phair	16.72			3:24.96		13.94	11:00.51								6.60	4.75		
Madison Scott	16.53					13.48	12:01.00								6.62	4.98		
Kate Thornton	16.15			3:13.76		12.36	12:03.00								7.21	4.03		

Under 13 Boys

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	80M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (3kg)	Discus (1kg)	Javelin (600g)
Estibel Barlow	14.81																	24.91
Ryan Grallelis	16.35					17.85					2.92					5.34		14.22
Edward Jones	13.74					17.24					3.94					8.83		24.53

Under 13 Girls

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	80M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (3kg)	Discus (750g)	Javelin (400g)
Sarah Walmsley-Stonehouse	15.08					18.76					3.60					5.32		12.20

Under 14 Boys

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	90M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (4kg)	Discus (1kg)	Javelin (600g)
Christopher Mason	15.78										3.74					6.09		19.02

Under 14 Girls

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	80M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (3kg)	Discus (1kg)	Javelin (600g)
Meghann Griffin							8:18.89											21.22

Under 15 Boys

	100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	100M Hurdles	1500M Walk	Long Jump Jump1	Long Jump Jump2	Long Jump Jump3	Long Jump Best	Triple Jump Jump1	Triple Jump Jump2	Triple Jump Jump3	Triple Jump Best	Shot Put (4kg)	Discus (1kg)	Javelin (600g)
Daniel Webster	12.84					17.59					5.12					11.59		27.00

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Achievement Key:	Level 1	Level 2	Level 3	Level 4	Level 5	Record	21/02/2009

Under 15 Girls			100 Metres	200 Metres	400 Metres	800 Metres	1500 Metres	90M Hurdles	1500M Walk	Long Jump				Triple Jump				High Jump													Shot Put (3kg)	Discus (1kg)	Javelin (600g)	Under 15 Girls
										Jump1	Jump2	Jump3	Best	Jump1	Jump2	Jump3	Best													Best				
Alexandra Havlat			15.97					21.12					3.77																		6.86		20.50	Alexandra Havlat
Emma Walmsley-Stonehouse			14.40					20.85					4.21																		6.59		18.13	Emma Walmsley-Stonehouse